

# Medical WeightLoss & Wellness, Inc.

## Getting to Know You

Today's Date: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Name: \_\_\_\_\_ Gender: M / F  
Last First MI

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Mobile: ( ) \_\_\_\_\_ Alternate: ( ) \_\_\_\_\_

Occupation/Place of Employment: \_\_\_\_\_

E-mail (will not be distributed outside of MWLW): \_\_\_\_\_

Parent or Guardian Signature (if patient is a minor): \_\_\_\_\_

Primary Doctor: \_\_\_\_\_ Phone: ( ) \_\_\_\_\_ Relation

Cardiologist (if applicable): \_\_\_\_\_ Phone: ( ) \_\_\_\_\_

Endocrinologist (if applicable): \_\_\_\_\_ Phone: ( ) \_\_\_\_\_

How did you hear about us?: \_\_\_\_\_ (Employee initial/date): \_\_\_\_\_

Does the above individual attend the Racine or Oak Creek clinic or unsure?(please circle)

*We will never share your name per laws of HIPAA. Only one name allowed for referral credit.*

## Weight History

Height: \_\_\_\_\_ ft. \_\_\_\_\_ in. What is you approx. target weight?: \_\_\_\_\_

Maximum Weight: \_\_\_\_\_ When: \_\_\_\_\_

What weight were you last "content" with?: \_\_\_\_\_ When: \_\_\_\_\_

In the past I have: Lost (how much): \_\_\_\_\_ Did not lose: \_\_\_\_\_ Gained back what I lost: \_\_\_\_\_

Previous weight loss program(s) (circle):

Jenny Craig Nutrisystem Weight Watchers HCG Other/None: \_\_\_\_\_

These medications have helped me lose weight in the past (circle):

Phentermine Phendimetrazine "Phen-Phen" Belviq Contrave Other: \_\_\_\_\_

I exercise (circle): at a gym on my own not at all

Type of exercise and how often?: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

## Medical/Surgical History

<p><b>Food or Drug Allergies?</b> _____</p> <p>_____</p> <p><b>Habits:</b> Smoke?    Y    N    How much/often?: _____ Alcohol?    Y    N    How much/often?: _____</p> <table border="0" style="width: 100%;"><tr><td style="text-align: left;"><b>Family History</b></td><td style="text-align: center;"><b>Father</b></td><td style="text-align: center;"><b>Mother</b></td><td style="text-align: center;"><b>Other</b></td></tr><tr><td>Cancer</td><td>_____</td><td>_____</td><td>_____</td></tr><tr><td>Diabetes</td><td>_____</td><td>_____</td><td>_____</td></tr><tr><td>Heart Disease</td><td>_____</td><td>_____</td><td>_____</td></tr><tr><td>Hypertension</td><td>_____</td><td>_____</td><td>_____</td></tr><tr><td>Psychiatric Disorder</td><td>_____</td><td>_____</td><td>_____</td></tr><tr><td>Stroke</td><td>_____</td><td>_____</td><td>_____</td></tr><tr><td>Obesity</td><td>_____</td><td>_____</td><td>_____</td></tr></table>	<b>Family History</b>	<b>Father</b>	<b>Mother</b>	<b>Other</b>	Cancer	_____	_____	_____	Diabetes	_____	_____	_____	Heart Disease	_____	_____	_____	Hypertension	_____	_____	_____	Psychiatric Disorder	_____	_____	_____	Stroke	_____	_____	_____	Obesity	_____	_____	_____	<p><b>List all current medications/supplements:</b>    NONE</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p><b>List all surgeries and hospitalizations:</b>    NONE</p> <p>_____</p> <p>_____</p> <p>_____</p> <p><b>Chronic illnesses:</b>    NONE</p> <p>_____</p> <p>_____</p>
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**Circle Y (Yes) or N (No) for each question. Answer all questions.**

### **Respiratory System**

Shortness of Breath (at rest)	Y	N
History of Pneumonia	Y	N
Asthma	Y	N
Sleep Apnea	Y	N
COPD	Y	N

### **Cardiovascular**

Hypertension (high blood pressure)	Y	N
Heart Attack &/or Heart Stents	Y	N
Heart Failure (CHF)	Y	N
Pacemaker/Defibrillator	Y	N
Open Heart Surgery	Y	N
Heart Murmur	Y	N
Mitral Valve Prolapse	Y	N
Palpitations/Heart Arrhythmia	Y	N
Peripheral Vascular Disease	Y	N
Edema (chronic swelling of hands/feet)	Y	N
High Cholesterol	Y	N

### **Gastrointestinal**

Abdominal pain	Y	N
Heartburn/GERD	Y	N
Ulcer	Y	N
Colitis or Crohn's	Y	N
Gallstones	Y	N

### **Psychological**

Depression	Y	N
Bipolar Depressive Illness	Y	N
Schizophrenia	Y	N
Anxiety/Panic Disorder	Y	N
Alcoholism/Drug Problem	Y	N

### **Neurological**

Headaches	Y	N
Seizure disorder	Y	N
Brain Aneurysm/Stroke	Y	N

### **Ears, Eyes, Nose & Throat**

Seasonal Allergies	Y	N
Hearing Loss/Hearing Aids	Y	N
Glaucoma	Y	N
Cataracts	Y	N

### **Endocrine**

High Thyroid (hyper)	Y	N
Low Thyroid (hypo)	Y	N
Diabetes	Y	N

### **Bones, Joints, Muscle**

Chronic back pain	Y	N
Aching muscles/joints	Y	N
Osteoporosis	Y	N
Arthritis	Y	N
Gout	Y	N

### **Other**

Cancer Type: _____	Y	N
Anemia	Y	N
Kidney Stones	Y	N

### **Women Only**

Are you pregnant now?	Y	N
Are you breastfeeding?	Y	N
Are you taking birth control?	Y	N

Type (circle): Birth Control Pill

IUD

Nuva Ring

Depo Shot

Other: \_\_\_\_\_

Last Period: \_\_\_\_\_

Menopause	Y	N
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Hysterectomy	Y	N
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I understand it is my responsibility to notify Medical Weightloss & Wellness, Inc. of any problems/concerns I may have with the program or medications/supplements. I will notify MWLW if I am prescribed any medications or diagnosed with an ailment not reported above. I grant MWLW permission to access my online pharmacy history for prescription medication verification purposes. I acknowledge that I have read and understand the above and will assume full responsibility for communicating any medication changes, additional medications prescribed or new diagnosis's to this clinic.

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_